

Fairlands Middle School Jan - April 2025 Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
week 1 6th Jan 27th Jan 24th Feb 17th Mar	Hot Dog in a roll or Quorn Sausage in a roll Served with Wedges and Sweetcorn ***** Pasta, Jacket Potatoes, Sandwiches & Wraps available daily ***** Mousse or Fruit or Yoghurt	Minced Beef in Gravy or Minced Quorn in Gravy Served with Saute Potatoes and Carrots ***** Pasta, Jacket Potatoes, Sandwiches & Wraps available daily ***** Ginger Cake & Custard or Fruit or Yoghurt	Chicken Casserole or Vegetable Casserole Served with Herby Potatoes ***** Pasta, Jacket Potatoes, Sandwiches & Wraps available daily ***** Orange Jelly or Fruit or Yoghurt	Roast Beef or Vegan Sausage Roll Served with Roast Potatoes and Country Vegetables and Gravy ***** Pasta, Jacket Potatoes, Sandwiches & Wraps available daily ***** Marble Cake or Fruit or Yoghurt	Fish Cake or Veggie Sausage Served with French Fries Peas and Baked Beans ***** Pasta, Jacket Potatoes, Sandwiches & Wraps available daily ***** Iced Shortbread or Fruit or Yoghurt
week 2 13th Jan 3rd Feb 3rd Mar 24th Mar	Chicken Nuggets or Quorn Vegan Dippers Served with Potato Crunchies & Peas ***** Pasta, Jacket Potatoes, Sandwiches & Wraps available daily ***** Doughnut or Fruit or Yoghurt	Macaroni Cheese with Ham or Macaroni Cheese Served with Mixed Vegetables ***** Pasta, Jacket Potatoes, Sandwiches & Wraps available daily ***** Chocolate Cake and Custard or Fruit or Yoghurt	Cottage Pie or Quorn Pie Served with Broccoli ***** Pasta, Jacket Potatoes, Sandwiches & Wraps available daily ***** Flapjack or Fruit or Yoghurt	Roast Pork or Cauliflower Cheese Served with Roast Potatoes and Country Vegetables and Gravy ***** Pasta, Jacket Potatoes, Sandwiches & Wraps available daily ***** Iced Sponge with Sprinkles or Fruit or Yoghurt	Fish Fingers or Fishless Fingers Served with French Fries Sweetcorn and Spaghetti Hoops ***** Pasta, Jacket Potatoes, Sandwiches & Wraps available daily ***** Aussie Crunch or Fruit or Yoghurt
week 3 20th Jan 10th Feb 10th Mar 31st Mar	Beef Burger or Veggie Buger Served with Wedges and Sweetcorn ***** Pasta, Jacket Potatoes, Sandwiches & Wraps available daily ***** Gingerbread Men or Fruit or Yoghurt	Chicken Tikka Massala or Vegetable Tikka Massala Served with Rice and Mixed Vegetables ***** Pasta, Jacket Potatoes, Sandwiches & Wraps available daily ***** Coconut Cake with Custard or Fruit or Yoghurt	All Day Breakfast (Sausage/Bacon/Saute Potatoes and Beans) or (Veggie Sausage/Saute Potatoes and Beans) ***** Pasta, Jacket Potatoes, Sandwiches & Wraps available daily ***** Lemon Shortbread or Fruit or Yoghurt	Chicken in Gravy or Quorn Fillet Served with Roast Potatoes and Country Vegetables ***** Pasta, Jacket Potatoes, Sandwiches & Wraps available daily ***** Carrot Cake or Fruit or Yoghurt	Fish Fillet or Veggie Nuggets Served with French Fries Peas and Baked Beans ***** Pasta, Jacket Potatoes, Sandwiches & Wraps available daily ***** Rice Krispie Cake or Fruit or Yoghurt