

# Dairy Free September - December 2024 Menu



|  | Monday DF  | Tuesday DF   | Wednesday DF   | Thursday DF   | Friday DF   |
|--|--|--|--|---|---|
| <b><u>week 1</u></b><br><br>2nd Sept<br>23rd Sept<br>14th Oct<br><br>11th Nov<br>2nd Dec | Hot Dog in a Roll<br>or<br>Quorn Sausage in a Roll<br>Served with<br>Crunchies and Sweetcorn<br><br>Egg Salad<br><br>Tuna Mayonnaise Jacket Potato<br><br>DF Ice Cream<br>or<br>Fruit or Alpro | Pork Meatballs in a Tomato Sauce<br>or<br>Vegan Meatballs in a Tomato Sauce<br>Served with<br>Rice and Peas<br><br>Vegan Cheese Wrap Salad<br><br>Baked Bean Jacket Potato<br><br>DF Marble Sponge<br>or<br>Fruit or Alpro | Minced Beef in Gravy<br>or<br>Minced Quorn in Gravy<br>Served with<br>DF Mashed Potato and Carrots<br><br>Ham Pasta Salad<br><br>Vegan Cheese Jacket Potato<br><br>Cherry Flapjack<br>or<br>Fruit or Alpro         | Chicken in Gravy<br>or<br>Quorn Pieces in Gravy<br>Served with Roast Potatoes<br>and Country Vegetables<br><br>Vegan Cheese Salad<br><br>Tuna Mayonnaise Jacket Potato<br><br>DF Iced Sponge with Sprinkles<br>or<br>Fruit or Alpro | DF Fish Cake<br>or<br>Quorn Dippers<br>Served with French Fries<br>Sweetcorn and Baked Beans<br><br>Ham Salad<br><br>Vegan Cheese & Bean Jacket Potato<br><br>DF Cornflake Cake<br>or<br>Fruit or Alpro |
| <b><u>week 2</u></b><br><br>9th Sept<br>30th Sept<br>21st Oct<br><br>18th Nov<br>9th Dec | Burger in a Bun<br>or<br>DF GF Veggie Burger in a Bun<br>Served with<br>Wedges and Peas<br><br>Ham Salad<br><br>B Bean & Veg Cheese Jacket Potato<br><br>DF Ice Cream<br>or<br>Fruit or Alpro  | Tuna, Peas & Sweetcorn Pasta<br>in a Tomato Sauce<br>or<br>Peas and Sweetcorn Pasta<br>in a Tomato Sauce<br><br>Vegan Cheese Wrap Salad<br><br>Baked Bean Jacket Potato<br><br>DF Apple Crumble<br>or<br>Fruit or Alpro    | Chillli Con Carne<br>or<br>Minced Quorn Con Carne<br>Served with Rice<br>and Mixed Vegetables<br><br>Tuna Mayonnaise Pasta Salad<br><br>Vegan Cheese Jacket Potato<br><br>Strawberry Jelly<br>or<br>Fruit or Alpro | Roast Beef<br>or<br>Quorn Fillet<br>Served with Roast Potatoes<br>and Country Vegetables<br><br>Ham Salad<br><br>Tuna Mayonnaise Jacket Potato<br><br>DF Jam & Coconut Sponge<br>or<br>Fruit or Alpro                               | DF Fish Fingers<br>or<br>Fishless Fingers<br>Served with French Fries<br>Peas and Spaghetti Hoops<br><br>Beef Salad<br><br>Bolognese Jacket Potato<br><br>DF Shortbread<br>or<br>Fruit or Alpro         |
| <b><u>week 3</u></b><br><br>16th Sept<br>7th Oct<br><br>4th Nov<br>25th Nov<br>16th Dec  | Chicken Nuggets<br>or<br>Veggie Nuggets<br>Served with Herby Potatoes<br>and Peas<br><br>Ham Salad<br><br>Baked Bean Jacket Potato<br><br>DF Ice Cream<br>or<br>Fruit or Alpro                 | Pasta Bolognese<br>or<br>Veggie Bolognese<br>Served with Sweetcorn<br><br>Egg Mayonnaise Sub Salad<br><br>Vegan Cheese Jacket Potato<br><br>DF Vanilla Sponge<br>or<br>Fruit or Alpro                                      | DF Chicken Korma<br>or<br>DF Veggie Korma<br>Served with Rice<br>and Mixed Vegetables<br><br>Vegan Cheese Wrap Salad<br><br>Tuna Mayonnaise Jacket Potato<br><br>DF Shortbread<br>or<br>Fruit or Alpro             | Roast Gammon<br>or<br>Vegan Sausage Roll<br>Served with Roast Potatoes<br>Country Vegetables and Gravy<br><br>Vegan Cheese Salad<br><br>Vegan Cheese Jacket Potato<br><br>DF Chocolate Cake<br>or<br>Fruit or Alpro                 | DF Fish Cake<br>or<br>Veggie Fingers<br>Served with French Fries<br>Sweetcorn and Baked Beans<br><br>Gammon Salad<br><br>Baked Bean Jacket Potato<br><br>Sultana Flapjack<br>or<br>Fruit or Alpro       |