

Dairy, Egg and Soya Free Sept - Dec 2024 Menu



	Monday D,E,SF	Tuesday D,E,SF	Wednesday D,E,SF	Thursday D,E,SF	Friday D,E,SF
<u>week 1</u> 2nd Sept 23rd Sept 14th Oct 11th Nov 2nd Dec	Hot Dog in a roll or Quorn Sausage in a roll Served with Potato Crunchies and Sweetcorn Tuna Salad Vegan Cheese Jacket Potato DF Ice Cream or Fruit	Pasta Bolognese or Veggie Bolognese Served with Peas Vegan Cheese Wrap Salad Baked Bean Jacket Potato Jelly or Fruit	Minced Beef in GF Gravy or Quorn Fillet in GF Gravy Served with Mashed Potato and Carrots Ham Pasta Salad Vegan Cheese Jacket Potato Cherry Flapjack or Fruit	Chicken in GF Gravy or Quorn Fillet in GF Gravy Served with Roast Potatoes and Country Vegetables Vegan Cheese Salad Tuna Jacket Potato DF Ice Cream or Fruit	D/F Fish Cake or Quorn Dippers Served with French Fries Sweetcorn and Baked Beans Ham Salad Vegan Cheese & Bean Jacket Potato DF Cornflake Cake or Fruit
<u>week 2</u> 9th Sept 30th Sept 21st Oct 18th Nov 9th Dec	GF DF Sausage or GF DF Veggie Burger Served with Wedges and Peas Ham Salad B Bean & Veg Cheese Jacket Potato DF Ice Cream or Fruit	Tuna, Peas & Sweetcorn Pasta in a Tomato Sauce or Peas and Sweetcorn Pasta in a Tomato Sauce Vegan Cheese Wrap Salad Baked Bean Jacket Potato DF Apple Crumble or Fruit	Chilli Con Carne or Veggie Con Carne Served with Rice and Mixed Vegetables Tuna Pasta Salad Vegan Cheese Jacket Potato Strawberry Jelly or Fruit	Roast Beef or Quorn Fillet Served with Roast Potatoes Country Vegetables and GF Gravy Ham Salad Tuna Jacket Potato Jelly or Fruit	DF Fish Fingers or Fishless Fingers Served with French Fries Peas and Spaghetti Hoops Beef Salad Bolognese Jacket Potato DF Ice Cream or Fruit
<u>week 3</u> 16th Sept 7th Oct 4th Nov 25th Nov 16th Dec	Chicken Nuggets or Veggie Nuggets Served with Herby Potatoes and Peas Ham Salad Baked Bean Jacket Potato Jelly or Fruit	Pasta Bolognese or Veggie Bolognese Served with Sweetcorn Tuna Wrap Salad Vegan Cheese Jacket Potato DF Ice Cream or Fruit	DF Chicken Korma or DF Veggie Korma Served with Rice and Mixed Vegetables Vegan Cheese Wrap Salad Tuna Jacket Potato Jelly or Fruit	Roast Gammon or Vegan Sausage Roll Served with Roast Potatoes Country Vegetables and GF Gravy Vegan Cheese Salad Vegan Cheese Jacket Potato DF Ice Cream or Fruit	DF Fish Cake or Veggie Fingers Served with French Fries Sweetcorn and Baked Beans Gammon Salad Baked Bean Jacket Potato Sultana Flapjack or Fruit